

# SOLACE



## PALLIATIVE CARE UNIT RUA COLLEGE

### REPORT (2019-2020)

The name SOLACE denotes comfort or consolation in a time of hard pain and distress. The unit acts as an umbrella that renders shade, relief and consolation through broad physical and mental support to those who suffer and need care. The unit runs with the assistance of the fund raised through public contribution and periodic collection from the students and the staff of the college.

#### Objectives:

- To act as a center of solace.
- To extend an empathetic approach towards the suffering community.
- To stretch a helping hand to the needy.
- To fill hope among the deprived and neglected.
- To inculcate awareness on the importance of palliative care among the students and public.

#### Committee

Chairman: Dr.Abdurahiman Cherukara, Principal RUA College.

Convener: **Shahad Bin Aly** (Asst Professor, Dept. of English).

Joint convener: Farsana.K (Guest Lecturer, RUA College)

Students Representatives: Dilber (2<sup>nd</sup> B.Com)

Farseen Mon (2<sup>nd</sup> BA A/U)

Sanam Nihala O (2<sup>nd</sup> BA FA)

Saeed (3<sup>rd</sup> BA A/U)

## Programmes Organized by SOLACE in 2019-2020.

### **1. Palliative care orientation Programme**

Venue: auditorium

Date: 17/01/2020

#### Programme

Welcome: Ayman Shouqi, Staff Secretary, RUA college.

Chair: Dr. Abdurahiman Cherukara, principal, RUA college.

Felicitations: Aboobacker K, Assistant Professor, RUA college.

Muhammed Zameel K M, Asst. prof Ad-hoc, RUA College.

#### **Chief Guest: Dr Abdul Gafoor P**

(Co-ordinator Palliative care unit (Sparsham), Farook college.

Vote of thanks: Shahad Bin Aly, Convener, Palliative care unit (Solace)

As part of palliative care day SOLACE unit organized an orientation programme in collaboration with NSS unit on 17/01/2020 at 2.00 pm, in the auditorium. The programme aimed to inculcate awareness on the importance of palliative care among the students. The renown palliative worker Dr. Abdul Gafoor P shared his experience with students about various activities conducted by Sparsham and motivated them to take part in palliative activities. Solace collected names of various students who interested to be palliative volunteers in different localities.



## 2. International day of persons with disabilities.

Venue: College Ground

Date: 03/12/2019

### Programme

Welcome: Ayman Shouqi, Assistant Professor, RUA college.

Chair: Dr. Abdurahiman Cherukara, principal, RUA college.

Felicitations: Dr. V M Abdul Azeez

Pledge: Shahad Bin Aly, Convener, Palliative care unit (Solace)

**Chief Guest: Saif Rahman (2nd year B.Com).**

Vote of thanks: Farsana. K, Joint Convener, Palliative care unit (Solace)

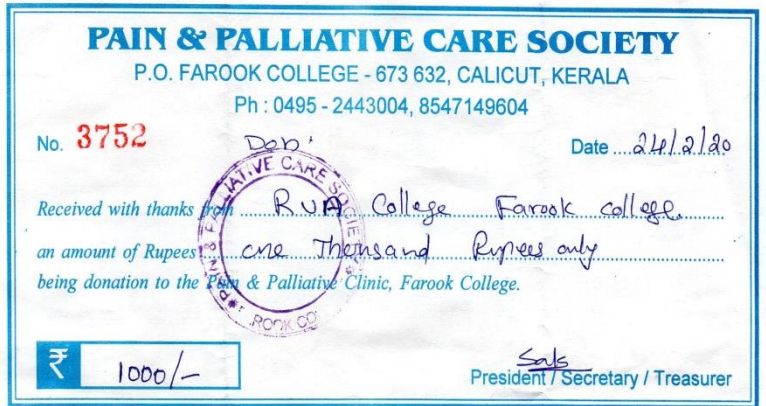
As part of the annual observance of the International day of person with disabilities SOLACE palliative care unit of RUA College conducted a programme in collaboration with NSS Unit on 3/12/2019 at 11 am, in college ground. The programme aims to promote the rights and well being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life. Differently abled student of second B.com Mr. Saif Rahman was the chief guest of the programme, SOLACE convener Shahad Bin Aly led the pledge.





### 3. Calendar Distribution for fund raising

Solace volunteers distributed calendars, Notebooks and paper pens among the students and staff to raise fund for Farook college palliative care society.



### 4. Students participation in Institute of Palliative Medicine activities


Solace volunteers actively participated in various activities of Institute of Palliative Medicine (IPM), a Calicut medical college based pioneer institute for palliative care movements in south East Asia and 4 volunteers successfully completed the training program “train the trainer course” for community volunteer training as per World Health Organization guidelines. More than 20 solace volunteers participated in CURIOUS, a three day carnival of multi entertainment events to raise fund for the palliative care patients.



#### 4. Fund collection for Assam flood relief

The unit conducted fund collection named 'Save Assam' to raise fund for the victims of massive flood in Assam in the month of July. The unit collected Rs. 16330 from students and staff of the college. The collected amount is handed over to Focus India foundation which was collecting various supports from different sectors among the whole Kerala in order to bring basic needs to the flood affected areas in Assam.



  
**focusINDIA**  
Fraternity-Obedience-Commitment-Unity-Service

No: **4690**

**RECEIPT**


Date: 26/7/2019

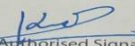
Received with thanks from Mr./ Mrs./ M/s: Rouza Khul Ulloom Arabin College

the sum of Rupees Sixteen thousand three hundred thirty only.

Cheque/ D.D. No: \_\_\_\_\_ Dated: \_\_\_\_\_ by Cash/ Electronic transfer/ towards: \_\_\_\_\_ drawn on \_\_\_\_\_

Rs. 16,330/-

  
THE FOCUS INDIA  
Calicut  
673 002  
CIG Building, R.M. Road

  
Authorised Signatory

Run by "The Focus India" Registration No 363/2016  
18/824-A4, CIG Building, R.M Road, Calicut 673 002



## 5. Monthly contribution to Farook Dialysis Centre

Since February 2020, the teaching and non teaching staff of the college has decided to contribute Rs. 5050 in every month to support the newly started dialysis centre in our campus. The amount will be deducted from their monthly salaries.

**FAROOK COLLEGE**  
P.O. Farook College, Kozhikode - 673 632  
No. 0055 Date 14/2/2020  
Received with thanks from R. U. A. College  
the sum of Rupees Five thousand and fifty only  
for Dialysis Centre being donation.  
For The FAROOK COLLEGE MANAGING COMMITTEE  
Principal  
FAROOK COLLEGE  
(AUTONOMOUS)  
Farook College P.O. (Calicut)

## 5. Personal Assistance for needy people

The unit is very keen to support various needy people to help them financially for their medical needs on a daily. Further, the unit encourages our students to support the differently challenged students in the neighboring institutions for giving their examinations. In this academic year our student helped 53 visually challenged students of Farook College in their semester end examinations.



**OFFICE OF THE CONTROLLER OF EXAMINATIONS**  
FAROOK COLLEGE (AUTONOMOUS), P.O. FAROOK COLLEGE  
Kozhikode, Kerala - 673632 (Ph :7510440661)  
Aided by Govt. of Kerala and Affiliated to the University of Calicut • A College with Potential for Excellence (CPE)  
• Re-accredited at 'A' Grade by the NAAC • A Minority Educational Institution  
Phone: 91 495 2440661 Fax: 91 4952440464 e-mail: mail@farookcollege.ac.in website: www.farookcollege.ac.in

Mr/Mrs. Mohammed Tasim PA Class BA/FA  
College RUA College has served as Scribe for Semester  
End Examinations, November 2019. (Total No. of Days attended Two)  
Farook College  
03/12/2019  
Controller of Examinations

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Phone: 91 495 2440661 Fax: 91 4952440464 e-mail: mail@farookcollege.ac.in website: www.farookcollege.ac.in

Mr/Mrs. Abdul Basith T Class BA A/U II year  
College RUA College has served as Scribe for Semester  
End Examinations, November 2019. (Total No. of Days attended Three)  
Farook College  
03/12/2019  
Controller of Examinations

## 6. Participation in 'Break the chain' campaign

The staffs and students of the college participated as volunteers in various public places such as railway station, bus stand etc., in the 'break the chain' campaign conducted by ministry of Health, Kerala Govt. in order to control the social spread of 'Covid-19'.

