



WOMEN CELL

ROUZATHUL ULOOM ARABIC COLLEGE

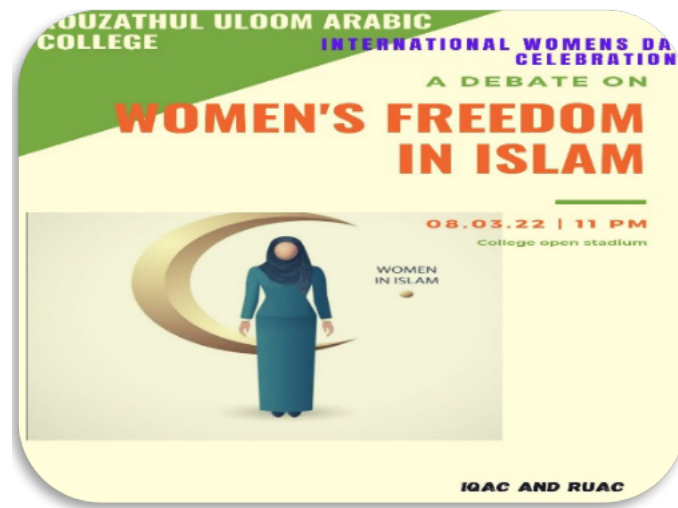
P.O Farook College, Calicut – 673632 ,Kerala

WOMEN CELL ANNUAL REPORTS

ROUZATHUL ULOOM ARABIC COLLEGE

WOMAN CELL REPORT 2021-22

TRANQUILITY 'WOMEN'S FREEDOM IN ISLAM'- CAMPUS DEBATE



On 9th March 2022, In the courtyard of the college, under the women cell, a panel of discussion was held on the topic of women's right in Islam. Women cell delegates started the arguments with much anticipation. The program was started with the Quran recitation of the 2nd year student Muzna. The Moderator Najva started the discussion. It was very enlightening debate later on. Degree first year students Shifa, Nahan, Afeefa, Shifna, Afra, degree first year students Hiba, Rida and second year student Musna presented the arguments. Teachers Farhana, Fathima, Maryam and Khairunisa moderated the program. Fathima teacher answered the student's doubts on the topic of discussion. Shifa a first year student of the degree, concluded the discussion with the summary of the arguments and discussions and thanked the

“MAVADDA “ PRE-MARITAL COUNSELING



Rouzathul uloom Arabic college organized a pre-marital counseling class for female students under the women Cell Commerce Student Riza welcomed the audience. College Principal Dr. Abdurahman inaugurated the small program. Shahad bin Aly, (Asst. Professor of department of English)with experience in the field of counseling, led the counseling class. He took the class very effectively and cleared the doubts of the students. College teacher Fathima spoke to the students. Degree first year student Nahan thanked the program.

EXPERIENTIA- MEET THE RANK HOLDERS



On the occasion of women's day, the Rouzathul uloom Arabic college Women cell honored the university rank holders of the 2019-20 year Afzalul ulama degree students shared their experiences. The reminder that the heights one can reach as a women is not too far away was incentive for each students to move forward. Rank winners Nada Nasrin, Ashhara, Rahma, Ahsana and Binsha interacted with the students, while teachers Fathima and Jumaina led the program.

PERSONALITY DEVELOPMENT CLASS



Rouzathul uloom Arabic College Women Cell Organized a personality development camp for the students. After the exciting personality development class, the students shared their experiences and the camp experiences.

INTERNATIONAL WOMEN'S DAY CELEBRATION



On the occasion of Women's Day, various events were held under the auspices of the Rouzathul uloom Arabic college Women Cell, sweets were distributed to the students and the distribution of sweets was inaugurated by Fathima teacher to Hostel warden. The students had various activities that lasted for days on campus.

VALUE BASED EDUCATION



The class was conducted the Rouzathul uloom Arabic college Women Cell on the topic of Value Based Education led by the expert Dr. Sulaiman Farooqi. After a very helpful class for the students, the students shared their opinions and cleared doubts.

A GLIMPSE OF REMINISCENCES



Led by Rouzathul uloom Arabic college Women Cell, Afzalul Ulama preliminary final year students shared their experiences. Fathima teacher, senior teacher of the college moderated the program and interacted with the students.

INTERACT WITH ENTREPRENEURS



Student representatives from Rouzathul Uloom Arabic College participated in the 'Interact with Entrepreneurs' event held at Farook college on the occasion of World Womens Day. The program was very effective and exciting and was very helpful to the students.

CAMPUS BEAUTIFICATION



The 'Clean the Campus' Campaign was held under the leadership of Rouzathul uloom Arabic College Women Cell as part of the Swachh Bharat Abhiyan project. Students turned into different groups and cleaned the college and its surroundings.

2019-2020

1. Inauguration and Formation of new committee

Venue: Auditorium

Date & Time: 10-07-2019, 11.00 am

Welcome: Jumaina NP (Joint coordinator)

Chair: Pathumma Pezhumkattil coordinator)

Inauguration: Dr. Abdurahiman Cherukara (Principal)

Keynote Address: Shahad Bin Aly

Topic: “The relevance of value based education’

Felicitations: Aboobacker K

Farhana Kunhibi P P

Vote of Thanks: Convenor

The women cell of RUA College hosted the inauguration for the academic year 2019-2020 on 10-7-2019. Dr. Abdurahiman Cherukara inaugurated the programme. English department head Mr. Shahad Bin Aly addressed the members on the topic “the relevance of value based education”. He oriented the students about the opportunities and various institutions offering the value based education. The programme was chaired by Pathumma Pezhumkattil, HoD Arabic and felicitated by Aboobacker K and Farhana Kunhibi PP. The newly elected convener of women cell for the period of 2019-20, Sanam Nihala, concluded the programme by giving vote of thanks to all.

A new Committee for the academic year of 2019-20 is formed in between the session and the committee as follows;

Chairperson: Hiba K, BA (BA Afzal Ul Ulama III)

Vice Chairperson: Nada Nasrin (BA Afzal Ul Ulama II)

Convener: Sanam Nihala (BA Functional Arabic II)

Joint Convener: Mehra Basheer (BA Afzal Ul Ulama II)

Treasurer: Irfana PV (BA Functional Arabic III)

Executive Member: Muvahida (B.Com II)



2. 'Work life Balance'

Venue: Auditorium

Date & Time: 19-09-2019, 2.00 PM

Welcome: Hanan M (BA Afzal Ul Ulama III)

Chair: Pathumma Pezhumkattil

Resource Person: **Bishneen Hudha KC**

Topic: "Work life Balance"

Felicitations: Farsana K

Farhana Kunhibi P P

Vote of Thanks : Muvahida (Executive Member)

An interactive session was conducted on the topic of Work life balance on 19-09-2019. The duties and responsibilities of a woman in her work life, family life and her society were the core topics of the programme. Mrs. Bishneen Huda handled the session and she focused on titles like; how women can flourish in her family and marital life? What are the best ways to face and solve the issues which may be raised in her social life?" The session was concluded by the vote of thanks, given by Muvahida.



3. Rekindling The Tradition : Interact With Nature

Venue: Ladies Hostel Courtyard

Date & Time: 06-12--2019, 10.00 AM

Inauguration: Jamsheer P

Prize Distribution: Aboobacker K

Vote of Thanks: Ms. Abida Mansoor (Vice Chairperson, Students Union)

Organized a diverse programme 'Rekindling the Tradition: interact with nature'. The students were divided into different groups. The groups were given a task in 'Ola Medayal' in half an hour.

The first prize won by Priya and team (1st BA Afzal ul Ulama students) and Second Prize by Marwa and team (3rd BCom), Third by Ashara and team (2nd BA Afzal ul Ulama). Prizes for the winners were given by Asst. Prof. Aboobacker K. The college students' union vice chairperson Ms. Abida Mansoor proposed the vote of thanks. The programme was led by Prof. Pathumma Pezhumkattil, co-ordinator, women cell and the teams are led by Jumaina and Hasiya.



4. Free dental checkup

Venue: Auditorium

Date & Time : 10-01-2020 10.00am

Welcome: Pathumma Pezhumkattil (Co-ordinator)

Chair: Ayman Shouqui (Staff Secretary)

Inauguration: Dr. Abdurahiman Cherukara, Principal

Guest: **Dr. Fathima (Kannur Dental College)**

Vote of Thanks: Jumaina N P, (HoD, Commerce)

Women cell conducted a free dental check up for the women students of the college. Dr. Punnya, Dr. Fathima and Shahzada Jabin from Kannur Dental College were leading the camp. The college principal Dr.Abdurahiman Cherukara inaugurated the programme. Dr. Fathima made aware the students on the need of regular dental check-up and caring the teeth. The programme was concluded at 1.00pm with the vote of thanks by Jumaina NP. Forty students registered for the camp and were advised on necessary treatment.



5. Self defense training programme

Venue: Seminar Hall

Date & Time : 04-02-2020 02.00pm

Welcome: Farhana Kunhibi P.P

Training Lead by: **Habeeba Sulthana,**

(Preliminary 2nd, Karate Brown Belt 4th)

Felicitation: Jumaina NP

Vote of Thanks: Farsana K

Women Cell conducted a self defense training programme for the women students of the college. Ms. Habeeba Sulthana, Brown belt 4th in Japan Shotokan karate, led the programme and she demonstrated various situations in real life and public places. A practical session was given to the participants to train them how to deal with those who misbehave with them.



ANNUAL REPORT 2018-19



- RUA College Women Cell were formed for the year 2018-19. Afnida KV, Convener, Fathima Hiba & Wafira Hanna, Joint Conveners.
- A legal awareness programme for the girl students were conducted by the women cell. The session was handled by Jasmine KH, Assistant Professor, Department of Commerce, Farook College. Fifty students were attended the function. The session was very much helpful to get a legal awareness about women issues. The session was interactive and students cleared their doubts after the session. The chief guest also described about a different role of girls in the society.
- A poster designing competition was conducted as part of International Women's Day on 8 March 2019. The topic was female infanticide and child marriage. The programme was made awareness among youth also. Twenty students from various classes participated in the competition. The posters were exhibited before the library on Women's day.
- An essay writing competition was held on "Women Education". 30 students were participated in the competition. Cash prizes were awarded for the first prize winner.
- The cell conducted a mehendi competition among the girls of the college in connection with Eid Celebration on 17 August 2018. The competition improved the self confidence of mehendi designers of the college.
- A survey was conducted among the girl students of the college during November to December 2018. The questionnaire was distributed containing questions regarding their mental, physical, social and economic problems faced by them. The shared their opinions and the data analyzed with the help of the department of commerce. The result

was very much helpful to get an overall idea about their day to day life and the cell planned to give support for the struggling students.

- A Five Day Residential Camp was held for the selected volunteers of women cell from 24-12-2018 to 28-12-2018. Training on Home Science, Martial Arts and Handy Crafts were given in the camp. They were engaged in gardening and clean campus programmes during the free times in the camp.
- A pre-marital counseling course was conducted in the month of January 2019. The programme was funded by the Directorate of Minority Welfare, Government of Kerala. Many eminent trainers interacted with the students on different topics after marriage. Mental preparations for the marriage, economic life, sexual life, behaviors towards spouse and family members etc. were discussed in detail.
- The women cell conducted 'Girls Day' to find and improve their literary and artistic qualities. All the female students actively participated in the programme. Different groups exhibited a variety of programmes which revealed their talents. Performance of Songs, Dance, Miming, Skit, Drama, Oppana, Action Shows and Fashion Shows were worth mentioning.
- The women cell in collaboration with Bhumithra Sena cultivated an organic vegetable garden in front of women's hostel. The project was inaugurated by Kishore Kumar, Assistant Professor, Department of Botany, Farook College
- The cell conducted a Chess Competition for the girl students and cash prizes were awarded to the winners.
- A Legal Awareness Quiz Competition was conducted for the girl students of the college. Winners were awarded with cash prizes and mementos
- A Health and Hygiene Awareness Programme was conducted by the women cell for the girls of the college. Dr. Hajfa, House Surgeon, Medical College, Calicut led the session. An interactive session was arranged to clear their doubts on several diseases. The problems of present life style and the remedies were described in the programme.
- A nature camp at Thusharagiri Eco-tourism site was conducted by the women cell in collaboration with Bhumithra Sena. Sessions about nature and environmental problems and remedies were included in the camp.
- Financial support was given for marriage of economically backward girl students of the college.

ANNUAL REPORT 2017-18



- RUA College Women Cell conducted a women empowerment programme on 24 June 2017. The chief guest of the auspicious occasion was Ms. Nabeela Kuniyil. Afnida KV, the convener of women cell welcomed the gathering. Principal Dr. Musthafa P inaugurated the session. Ms. Nabeela Kuniyil shed light on the difficulties faced by the women with its remedies and mentioned about the crucial role of women in the society. Hiba gave vote of thanks.
- A debate was organized by the women cell related to the political influence among women. It was a controversial talk done between students of BA and BCom students. Notable point derived from the debate was political involvement of women can bring many changes to the society.
- A poster making competition for the girl students was conducted by the Women Cell on 12 August 2017. Teams of two students from each class participated in the competition. Posters related to dowry, child marriage and sexual abuse. Hyrul Hamna and team from BCom IInd year won the prize.
- A food fest was organized by women cell on 10 September 2017. Dr. Musthafa P, principal inaugurated the food fest. Various Malabar items were presented by the girl students of the college. The nominal fund raised through the fest was contributed to the needy students as a charity. Members from the faculty and staff were participated in the programme.
- An awareness programme on 'Powerful Women' was conducted by Habeeba Sulthana for the girl students. The programme was a milestone in the history of RUA college women cell. Habeeba Sulthana gave a number of tips against the harassment of women. Even in this modernized world women suffers from various issues.

- An interactive motivation class was given for the girl students by Irshad Mathottam, a motivation trainer. The class was very much fruitful to make an aim for their life. Irshad Mathottam had given an awareness about their role in the society. The session was an interactive one and gave an inspiration to move towards their future goal.
- A personality development class was conducted by women cell. Jamsheer Farooqy was the chief trainer. Girl students from all classes were present in the session at the auditorium. Jamsheer Farooqy gave ideas to the girl students about facing interviews, group discussion etc. He demonstrated how to start a new venture.
- A group discussion with Fathima Teacher was organized by the women cell of the college. The discussion was on starting a group task in the college for the benefit of the academic community. At last an idea of a canteen was derived and it is submitted for the sanction from the authorities of the college.

ANNUAL REPORT 2016-17



- The Official Inauguration of the women cell for the year 2016-17 was held on 01-08-2016 at the college auditorium with various programmes. The new executive committee was elected for the upcoming year in the programme, and discussion held on the year plan for 2016-17. The committee also emphasized on the importance of conducting Programmes on women empowerment.
- Gandhi Jayanthi was observed with various cultural programmes like skit, patriotic songs and literary competitions.
- An Essay Writing Competition was held in connection with the protest against demonetization.

- The women cell representatives were given special orientation on the importance of blood donation in the programme conducted by the college Red Ribbon Club. Some of the members donated blood.
- The girls' day was observed in association with students' union of the college.
- An orientation programme was conducted, with the support of Kerala legal authority, Calicut, to empower the girl students through personality development and legal awareness.
- The cell collected and contributed an amount of Rs. 40,000/- towards the house construction of the women's hostel cook.
- The cell harvested around a quintal of turmeric which was cultivated with the help of National Service Scheme and Bhumitra Sena of the college.